

YOUR MEMBER
ASSISTANCE PROGRAM

NOVEMBER 2021

Caring for our Elders

ONLINE SEMINAR

Family conversations
about aging

Find out more about the aging
process and how to both
practically and emotionally
care for elderly relatives.

Visit your home page starting November 16th

WEBSITE: www.mygroup.com > My Portal Login > Work-Life

USERNAME: vvma1894

PASSWORD: guest

LET US HELP

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